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# THE 33 SECRETS TO A HIGHER GPA

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Hello! My name is Dulik Kohomange. I am so glad you decided to join our community. I can guarantee you that reading my blogs, books and videos you will get high grades in your courses.

Pay attention to this booklet carefully, I am going to give you some techniques that is going to change the way you study, and get the grades you want. Many students have used these study techniques to get High GPAs, and attend their dream graduate schools. I really want you to do the same.

Before we get started with The 33 Secrets To Higher GPA, I want to ask you a few very important questions.

How would you feel, if you get rejected by graduate schools because you do not have high enough grades?

How do you feel if you get rejected by your favorite medical school because you do not have high enough grades?

How would you feel if your friends are getting into grad school and pursuing their career dreams, but you are not able to get into any grad schools?

How would you feel, by the time you graduating, you feel like you did not do everything you can to get higher grades in your courses?

I want to tell you that getting high grades extremely important and can have major impact in your life and career. Many people regret the fact that they did not do everything they can to get the grades, and learn everything they can from college or university. You don't want to look back in about 20 years, and say "I wish I studied harder, and did everything I can to get higher grades in university". Remember, you doing only one undergraduate degree for rest of your life.

And of course, people will tell you "don't worry about getting grades, just graduate"

This is really bad advice students are getting. This is really bad advice because getting high GPAs shows to employers and admission committees that you are willing to work extremely hard, and can learn things fairly quickly. Why do you think most prestigious universities ask for your GPA in addition to other things?

These top universities know and want people of certain caliber who can learn quickly and effectively. They know that GPA is great indicator for having a learning mindset and being able to work hard.

This is the same reason why most successful companies in the world care about grades you get. Especially, if you are a recent graduate! They know that students who get high grades are able to work hard and learn quickly. I know this was one the main reason why I got hired by two of the largest companies in the world right out of university. I got hired because I had a GPA of 3.92 in the last two years of

university. In addition to graduating with a high GPA, I became part of the University of Toronto Honour's List for two years in a row, and graduated with High Distinction. The reason I am telling you this is not to impress you, I am telling you this to inspire you. I really want you to get high grades in university, and help you pursue your career dreams. I want to show you that by making a few critical changes to the way you study, you can have a huge impact on your GPA and learning.

Let me give you a little bit of a background on me. You will see why I believe you, or anybody can get extraordinary grades in college and university.

I came to Canada when I was 14 years old, and could barely put a few words together in English. Since I came to Canada, I was never academically inclined. I always wanted to play sports, and never really cared about school too much. I failed over 4 courses in high school within the first two years, and it scared me and my parents to no end.

Somehow I was able to sneak into university because I decided to put my stuff together and study like crazy in the last year in high school. When this happened, I realized that working hard can be so rewarding. Now, I was so motivated to work hard. I knew that by working hard I can do anything.

So I started to go to university excitedly. I got my textbooks even before university started, and I started to study. Then the university started, and a few weeks go by. The reality started to kick in. University is not easy. So much workload,

not enough time, so many assignments and exams, and so many textbooks to read. I started to procrastinate more and more because every time I think about doing any work, I became so overwhelmed and demotivated. I did not have any focus. Like many of you, when I first started university, I had a very hard time getting high grades. For the first 2 years of university, I could only get grades around 60 and 70s, no matter what I did. No matter how hard I tried, I didn't see the grades I wanted. It frustrated me to no end.

I finally made a breakthrough in the summer of second year. I started to research on how high GPA students get high grades in university. I started to put together a system that deconstructed the syllabus into smaller tasks so it would tell me everything I needed to do to get high grades systematically. It told me what I needed to do, task by task, in order to complete my assignments and study well for my exams. I would be so focused and motivated because all the steps were clearly outlined for me so I knew what I needed to do every day of the week. It was simply awesome. I developed a list of advice on how to take effective notes in the lectures, how to take effective notes in textbooks, how to write amazing reports and essays, and most importantly how to get As in my exams.

Now I am going to share with you the 33 secrets that helped me to get 3.92 GPA in my last years in university. I am sharing my valuable techniques because I really want you to become successful in university and get into that amazing grad school and make me proud!

Print this booklet and read the secrets every day! It's going to change your life!

### **High GPA Secret #1:**

Always establish a course grade goal before you start your courses. Write it down and post it on your desk wall. Look at it every day. This is the most important technique that really helped me to get high grades. Your brain will do the rest of the work. Trust me.

### **High GPA Secret #2**

Do not skip valuable information because you feel like "I already know this". You may be missing valuable information that is important for your exam. Focus on understanding the topic in-depth rather than getting a general idea.

### **High GPA Secret #3**

Do not disagree with a concept right away. See the concept from their perspective. Focus on opening up your perspective and see if you can fit their perspective in yours.

### **High GPA Secret #4**

When you come across new information such as a concept, a law, or a definition, focus on absorbing and synthesizing the

new information. Focus on combining information together, and avoid categorizing information in your brain.

### **High GPA Secret #5**

Take responsibility for all your grades. Your actions and beliefs you held led you to get that grade. Do not blame other factors or people when you do not get what you want.

### **High GPA Secret #6**

Do not believe in “working well under pressure”. Focus your effort on starting early on your assignments and exams. Working well under pressure is an excuse you have created for procrastination and not starting early.

### **High GPA Secret #7**

Learn to develop the Personality trait of Grit. It is one of the major predictor on whether you will get high grades in university and becoming successful. Grit is the ability to withstand tremendous amount of stress and still strive and push to reach your goals.

Ways to develop Grit:

- 1) Believe that challenges and stressors helps you to grow and
- 2) Work Out.

### **High GPA Secret #8**

Develop a “Whatever it takes to reach your goal” mindset. Put the high GPA you want to graduate university with on a large piece of paper and right under it put “Do whatever it takes”. Post it on your wall. Do this now.

### **High GPA Secret #9**

Understand that you are in university to learn and acquire skills. These skills and knowledge are important for you to get your ideal job, and get on top of your career, or build that successful company. Make the most out of your learning and education. You are paying a lot of money for your education.

### **High GPA Secret #10**

Understand the true cost of university. The true cost of university is much higher than your tuition. Your true cost of university is at least \$160,000 for four years. That translates into 177 per day. Make the most out of your biggest investment.

## High GPA Secret #11

The best way to motivate yourself to get things done in university is by designing your perfect day. Create a list of steps from waking up to sleep. Make it productive, but include the fun stuff too. Create this list before you go to sleep for the next day.

Example: Wake up → 15min workout → have eggs → get ready → take the bus to work → do 10 min review in the bus → go to lecture → start writing the biology report → have lunch → hang with friends → go to the mall → shop at [] → come home → eat dinner → read HighGPA.com Blog posts → setup Perfect Day System for next day → Sleep

## High GPA Secret #12

Avoid just “studying” for specific number of hours. Make sure you have a concrete objective to complete in that specific hour. Always do this before you start studying!

Example: Read 27 page chapter in 70 mins and take notes on unknown concepts.

## High GPA Secret #13

Taking lecture notes in a technical/quantitative course: Focus on writing down as many examples as possible. Even if you know how to do the questions. Focus on writing down every

step of the answer. It will become important when you are doing textbook questions.

### High GPA Secret #14

Taking lecture notes in qualitative/non-technical courses: Firstly, focus on understanding the hypothesis or the theory presented. Secondly, write down the evidence supporting the hypothesis or theory. Lastly, write down the conclusions and implications of the theory or hypothesis.

### High GPA Secret #15

You must take 10 minutes to review the PowerPoint Slides prior to the lecture. Go through them fast. This quick run-through increases comprehension of the material and increases attention. It drastically reduces boredom, as well.

### High GPA Secret #16

During the lecture, make special markings such as *\*stars\**, underlines, or **bold** to concepts, definitions, laws, theories, formulas, and quotes. Make a note and remember the details associated with them. Your professor put those details for a reason. Study them and memorize the like crazy!

### **High GPA Secret #17**

Use the Finger Technique to drastically increase your reading speed and understanding. Use your finger to point to the text that you are reading. Move your finger left to right as you go through the text. This method is known as directional tracking, and it prevents your brain from becoming exhausted. As a result, it dramatically increases your focus, comprehension and most importantly the speed of reading. Increase the speed of your finger moves to increase reading speed.

### **High GPA Secret #18**

Take good notes in these two situations when you are reading the textbook. First situation: When you have difficulty understanding the material. You must rewrite the concept in smaller but multiple sentences. Second situation: when you come across a concept, definition, theory or formula that you have never come across in your life. Write them in your words. Write your notes in pen or pencil.

### **High GPA Secret #19**

Always participate in active learning. Active learning helps to you put knowledge into long term memory, so you can remember this much later for exams or in life. Set an objective or task to do 10-15 practice problems or a quiz after

your readings. There is usually practice problems back of the chapter or online available.

### **High GPA Secret #20**

Take at least 15 minutes every week to review things you're learned in that week and the previous weeks. At least go through your slides quickly. This can have a big effect on your learning and exam grades. I promise.

### **High GPA Secret #21**

Only participate in a group studying, only if it is 1-on-1, and if you are quizzing each other before an exam. Set the number of questions to complete within a period of time

Do not participate in a group studying without extensive prior studying. It can be a source of distractions. I and many of other High GPA students found that studying intensely is difficult when there are other people around. It can interfere with your concentration and attention which can dramatically reduce your grades.

### **High GPA Secret #22**

Organize your files and folders by weekly. First, create a number of folders based on number of courses you are currently taking. Create 12 (more or less) folders for each week for each course. Do this for all your courses. Create separate folders for each assignment and midterm in each course.

### **High GPA Secret #23**

Put all your folders on a cloud storage for easy access. For example, you can place these files on Google Drive or Dropbox. Access and study whenever you get some free time. Ex: waiting for the bus, waiting for the doctor.

### **High GPA Secret #24**

Start on your assignments at least 14 days before they are due. The number of days you have until you the assignment is due, and the grade you receive has direct correlation. Doing assignments develops valuable skills and knowledge for your future. Make the most out of them.

### **High GPA Secret #24**

In essays or reports, create something profound. Create a step-by-step system, or checklist, or formula or methodology that can be applied in daily life using your hypothesis. It can be very simple, but be detailed. Use charts or graphics to illustrate your point. It shows that you went beyond what was required. Very important.

### **High GPA Secret #25**

If your assignments are based on answering questions, focus answering one question at a time. Do not worry about the difficulty of the questions. Just focus on the one you're dealing with only. Use graphics and charts to illustrate your answer, in addition to written material.

### **High GPA Secrets #26**

In assignments, always communicate through simple language. Help your professor understand what you're saying at all costs without much effort. Make their lives easier by writing clearly and simply. If you can design simple graphics or charts to illustrate your point they will enjoy reading your assignments. They love to read papers that are straight forward with bit of creativity at the end. Trust me. I have gotten 100% on my assignments this way.

### **High GPA Secret #27**

In order to edit your papers, read every sentence on your assignments out loud. Spell out every word clearly and take your time. If you feel something is not sounding right or something is missing. Focus on fixing that phrase or add another phrase to make it sound better. Add more research if necessary. The key is pronounce every word in the paper and make sure all phrases flows properly and easy to understand.

### **High GPA Secret #28**

Use a text-to-speech software for editing. These programs read text out loud. By using this software, you can make sure that all sentences are flowing and sounding properly. A free text-to-speech software is NaturalReader Free.

### **High GPA Secret #29**

When creating a new study habit, do it for at least for 30 days. Understand that most resistance is experienced in first 10 days, medium resistance on the second 10 days and, then, the task will start to become easier. Focus on just starting the task using all your willpower every day. Do not worry about how much work you have to do, but just start. Override any feelings or thoughts that ask you to take a “well-deserved” break in the first 30 days.

### **High GPA Secret #30**

The key to studying for Multiple Choice Questions is to differentiate between details. Memorize all information, including details on lecture slide. This includes facts, figures and dates. This is your professors' most favorite material, and your most valuable study material for the exam.

### **High GPA Secret #31**

When studying for an exam in technical courses, focus on establishing a number of questions you are going to do before each exam. The number should be unattainable, but strive your best to get there. Figure out the per day amount you need to do, to get to that number, and strive to get that number every day.

### **High GPA Secret #32**

Be able identify and perform valuable tasks you need to do such as attending lectures, doing practice problems or note taking in order to master course material... Repeatedly and consistently.

### **High GPA Secret #33**

Make the most of your university experience. This includes both academic and social life. You only get to do this once. Put everything you to hit your goals.

If you haven't already subscribed to "The High GPA Secrets Weekly" Please click on this [link](#) to sign up. You will be receiving a powerful study technique every week that will help you ace your assignments or exams!

Happy reading!:)